

RÉUNION ANNUELLE
DU GROUPE FRANÇAIS

DE NEURO-GASTROENTÉROLOGIE



26 & 27 JUIN

2025

VILLAGE BY CA
ROUEN



ROME FOUNDATION

***Activities and plans in 2025
and beyond***

Jan Tack, M.D., Ph.D.

*Chief, Gastroenterology and Hepatology Division
Leuven University Hospitals*

*Professor of Medicine
TARGID, University of Leuven, Leuven, Belgium*

*President, The Rome Foundation
Raleigh, North Carolina, U.S.A.*

*Visiting Professor
Sahlgrenska University, Gothenburg, Sweden*



GFNG
Groupe Français de
Neuro-Gastroentérologie

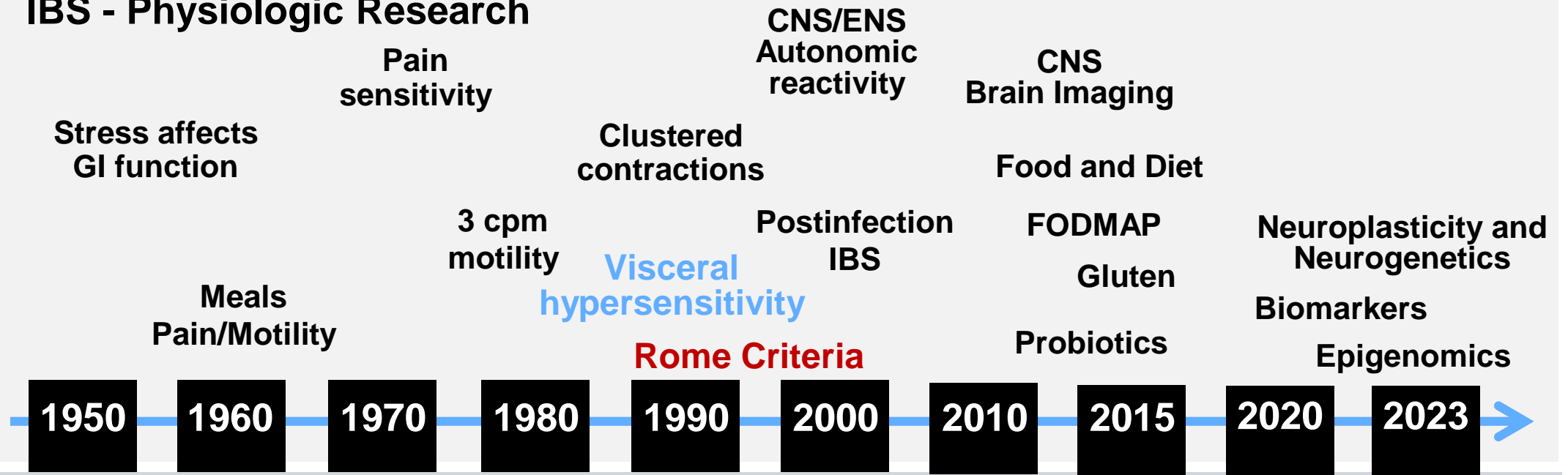
Rome Foundation Mission

To improve the lives of people with Disorders of Gut-Brain Interaction

Goals

- **Promote global recognition and legitimization of DGBI (FGID)**
- **Advance the scientific understanding of their pathophysiology**
- **Optimize clinical management for these patients**
- **Develop and provide educational resources to accomplish these goals**

IBS - Physiologic Research



Mechanisms



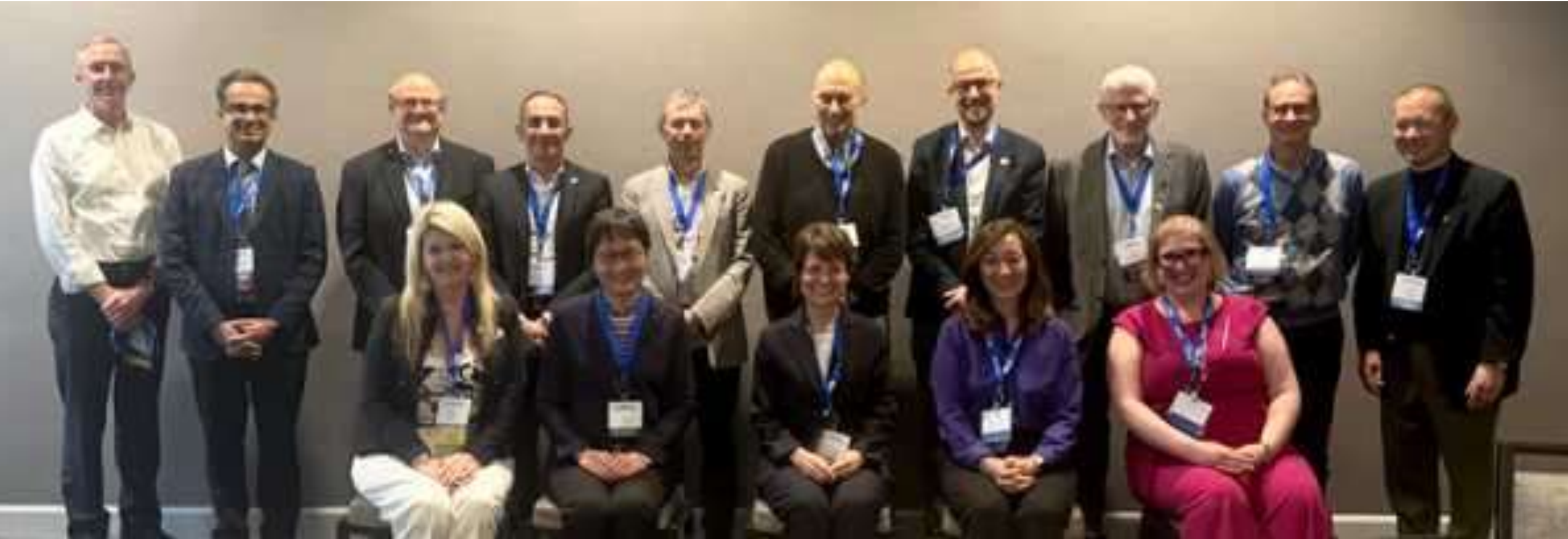
Functional GI Disorders: Disorders of Gut-Brain Interaction

A group of disorders classified by GI symptoms related to any combination of:

- **Motility disturbance**
- **Visceral hypersensitivity**
- **Altered mucosal and immune function**
- **Altered gut microbiota**
- **Altered CNS processing**

Organization and Membership

Rome Foundation Board of Directors - 2025



Rome Foundation

Board of Directors

J. Tack
(President & Chair of Board)
G. Barbara
L. Chang
W. Chey
M. Corsetti
X. Fang
M. Grover
Belgium
Italy
USA
USA
U.K.
China
USA

D. Drossman
(CEO & President Emeritus)
L. Keefer
B. Lacy
S. Nurko
M. Schmulson
M. Simren
A. Sperber
USA
USA
USA
Mexico
Sweden
Israel

Administration

Tanya Murphy Ex Dir
Mauricio Rojas
Michelle Berry
Debra Wideman
Tamieka Blair

Rome Partners Program

4 members,
4 countries

Marketing

Mark Schmitter
Greg Fawcett

Support Services

Rob Flewell
Claudia Rojas
Eric Chapman
Davis Stillson
Kris DiMambro

PsychoGastro- enterology Section

433 Members
25 Countries

Active Working Teams

5 Committees
47 Members
18 Countries

Sections

Gastropsych
Pediatrics
Food & Diet
Communication
Anorectal

Rome V committees

25 Committees
144 Members
27 Countries

Advisory Board

11
Pharmaceuticals
AGA, IFFGD,

Rome Foundation Partners (RFP)



- The RFP program acknowledges intermediate-level scientists and clinicians working in Neurogastroenterology (NG)
- The RFP program invites individuals in NG who see patients with DGBI, are interested in networking, and would like a closer association with the Rome Foundation
- The RFP program has a semi-autonomous organizational structure and leadership with the following activities:
 - Annual meeting at DDW
 - Networking and mentoring
 - Educational programs

To register interest:



Olga Aroniadis, MD
United States



Ignacio Hanna, MD
Ecuador



Imran Aziz, MD
United Kingdom



Reuben Wong, MD
Singapore

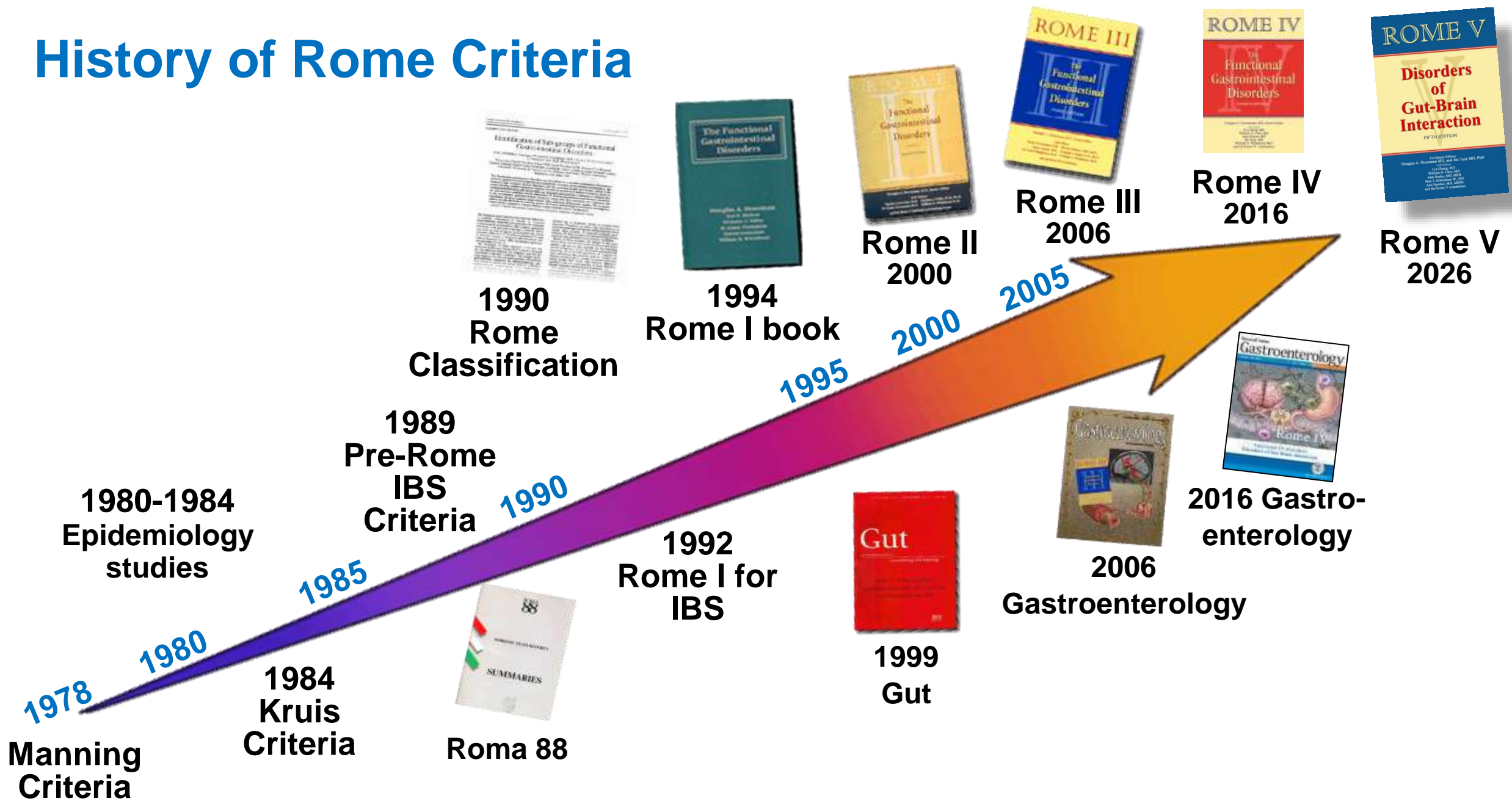
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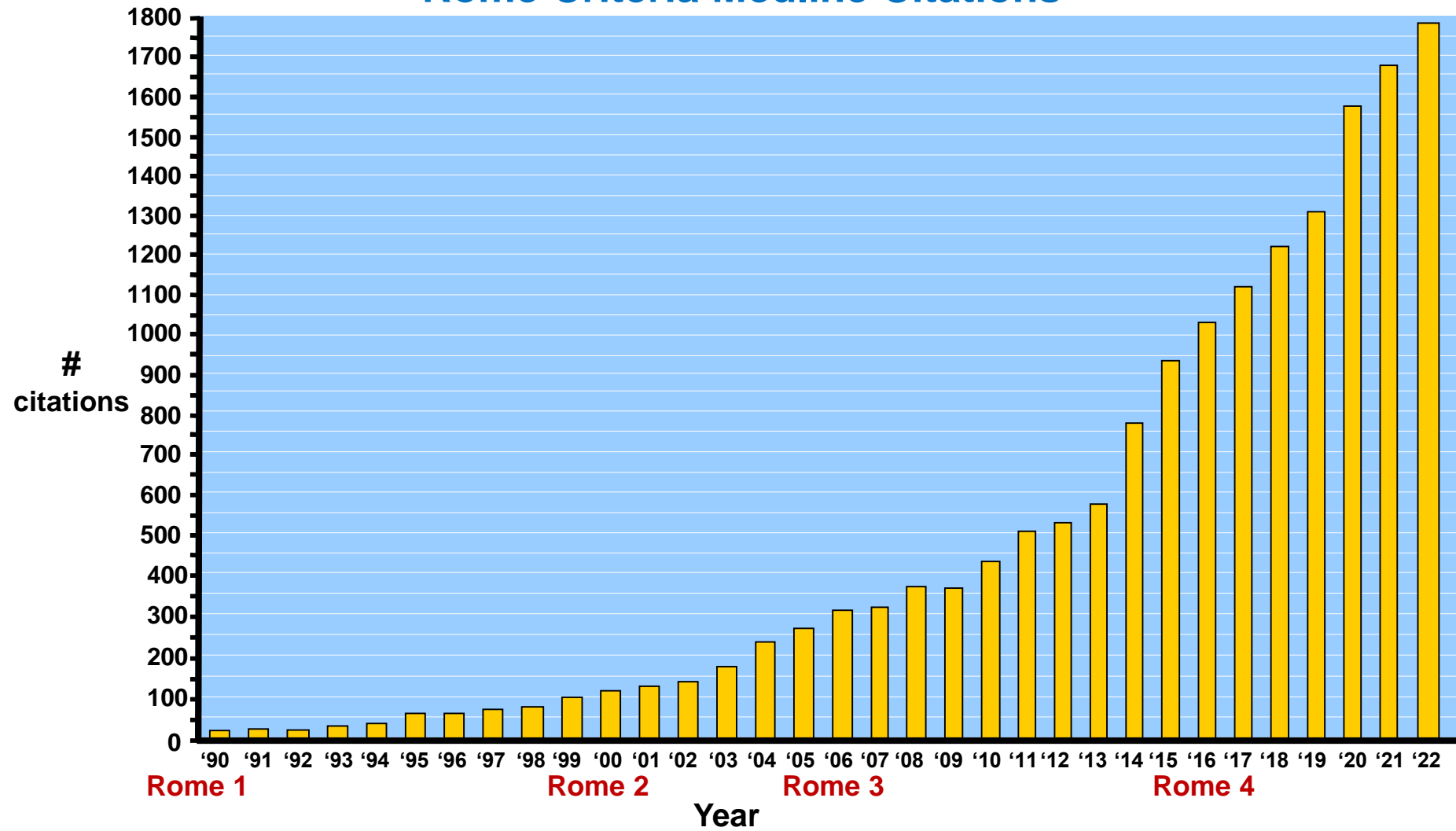
Goals

- **Promote global recognition and legitimization of FGIDs**
- **Advance the scientific understanding of their pathophysiology**
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History of Rome Criteria



Rome Criteria Medline Citations



1555a

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Rome Working Teams - Completed

Guidelines for Brain Imaging in the FGIDs

Emeran Mayer Chair, Qasim Aziz Co-Chair

Neurogastroenterol Motil 2009;21:579-596

Outcomes/Endpoints in Pharmaceutical Clinical Trials

Michael Camilleri Chair

Gastroenterology 2009;137:1944-1953

Guidelines for Severity in IBS

Douglas A. Drossman Chair, Lin Chang Co-Chair

Am J Gastro 2011;106:1749-1759

Role of Intestinal Flora in FGIDs

Magnus Simren Chair, Giovanni Barbara Co-Chair

Gut 2012;62:159-176

Food and Diet

William Chey Co-Chair, Jan Tack Co-Chair

6 papers; Am J Gastroenterol. 2013; 108:694-758

Multinational, Cross-cultural Research

Ami D. Sperber Chair

Alim Pharmacol Ther 2014;40:1094-1102

Neurogastroenterol Motil 2014;26:1368-1385

Asian Working Team for FGIDs

Kok Ann Gwee Chair, William Whitehead Co-Chair

Neurogastroenterol Motil. 2015; 21:83-92

Neurogastroenterol Motil 2016;22:240-70

Pharmacological trials in children

Miguel Saps, Chair

Neurogastroenterol Motil 2016;28: 1819-31

Neurogastroenterol Motil 2018;30: 13294

Neuromodulators for DGBIs

Douglas A Drossman Co-Chair, Jan Tack CO-Chair

Gastroenterology 2018;154:1140-1171

Post-infection Irritable Bowel Syndrome

Giovanni Barbara Co-Chair, Madhu Grover CO-Chair

Gastroenterology 2019;158:46-58

Role of Brain Imaging in DGBIs

Emeran A Mayer Co-Chair, Qasim Aziz CO-Chair

Gut 2019;68:1701-1715

Primary Care in FGIDs

Hungin A.P. Co-Chair, Heidelbaugh J Co-Chair

Neurogastroenterol Motil 2015;27:750-763

Alim Pharm & Ther. 2014;40:1133-1145

Rome Working Teams – Recent / Ongoing

- **Brain-Gut Psychotherapies –**
Keefer L et al. Gastroenterology 2022; 162:300-315
- **Food as Medicine –** *Chey W and Tack J et al 2022; American Journal of Gastroenterology Special Issue (8 articles)*
- **Rome Foundation and International Motility Societies Consensus on Plausibility of Pathophysiological Mechanisms in IBS–**
Tack J Submission
- **Rome Foundation and International Motility Societies Consensus on Idiopathic Gastroparesis**
Tack J et al. Lancet Gastro Hep 2024
- **Overlap and Comorbid conditions –**
Simren M and Barbara G et al. Gastorenterology 2024
- **IBS / IBD**
Chang L et al. In progress

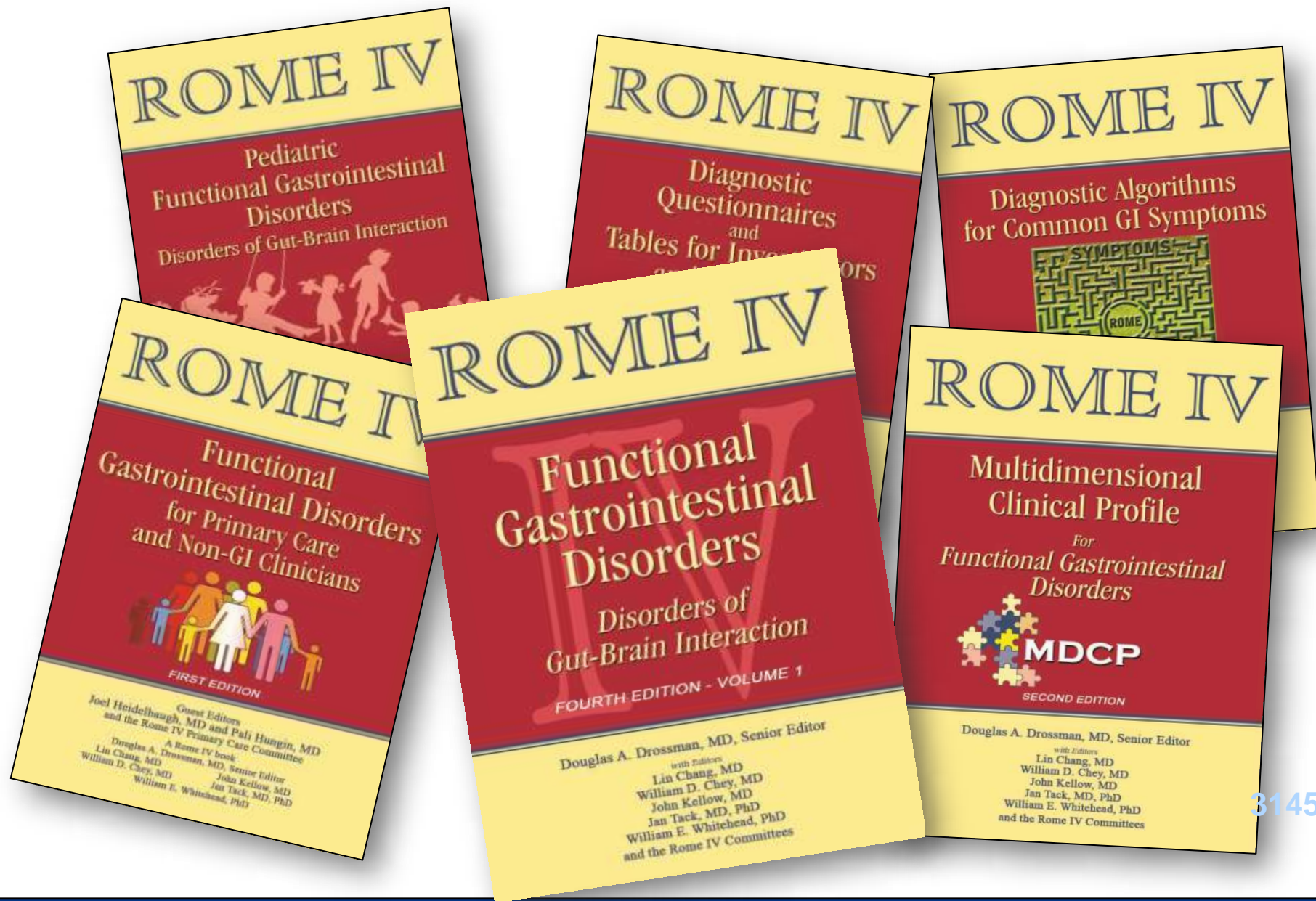
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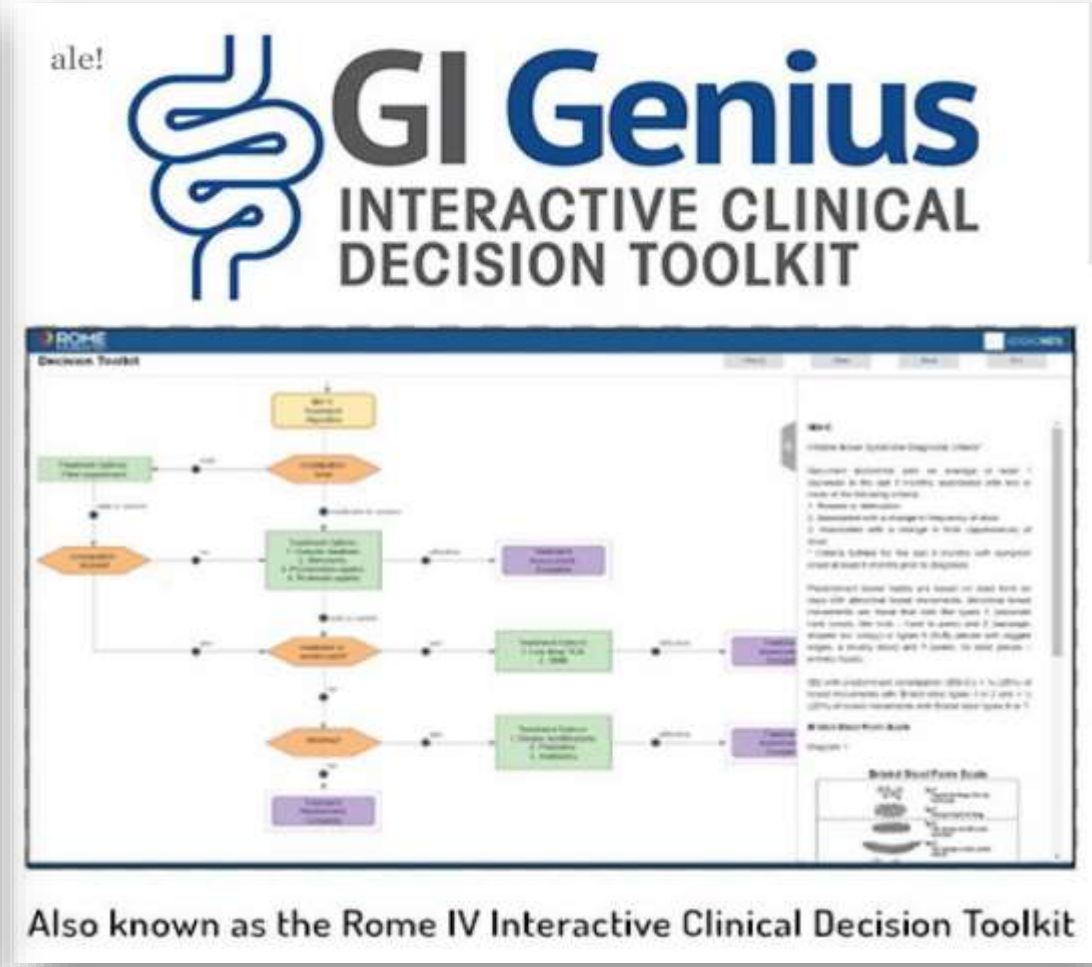
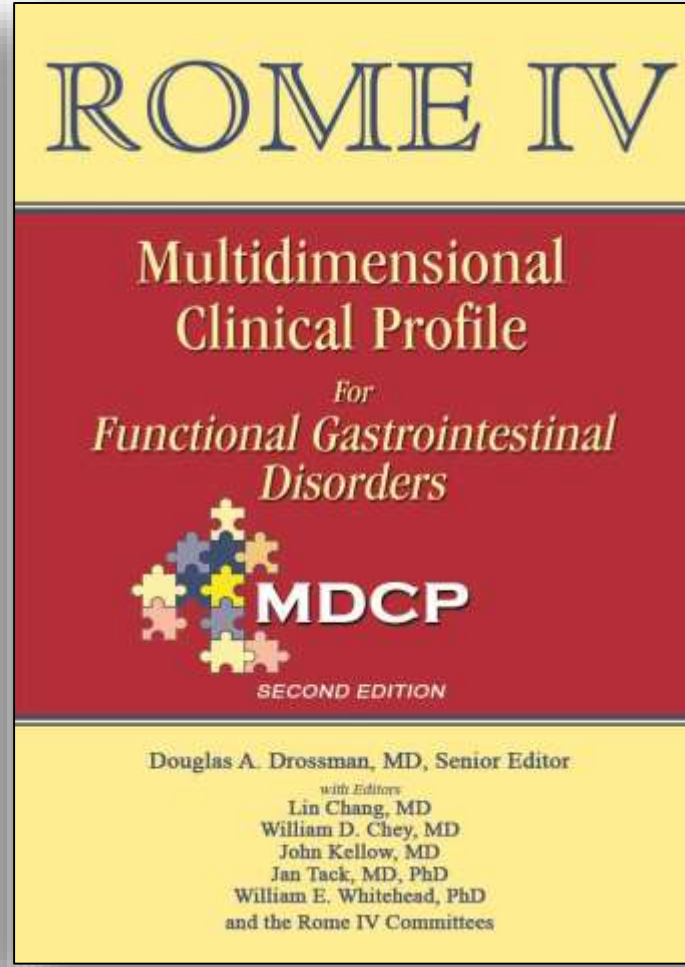
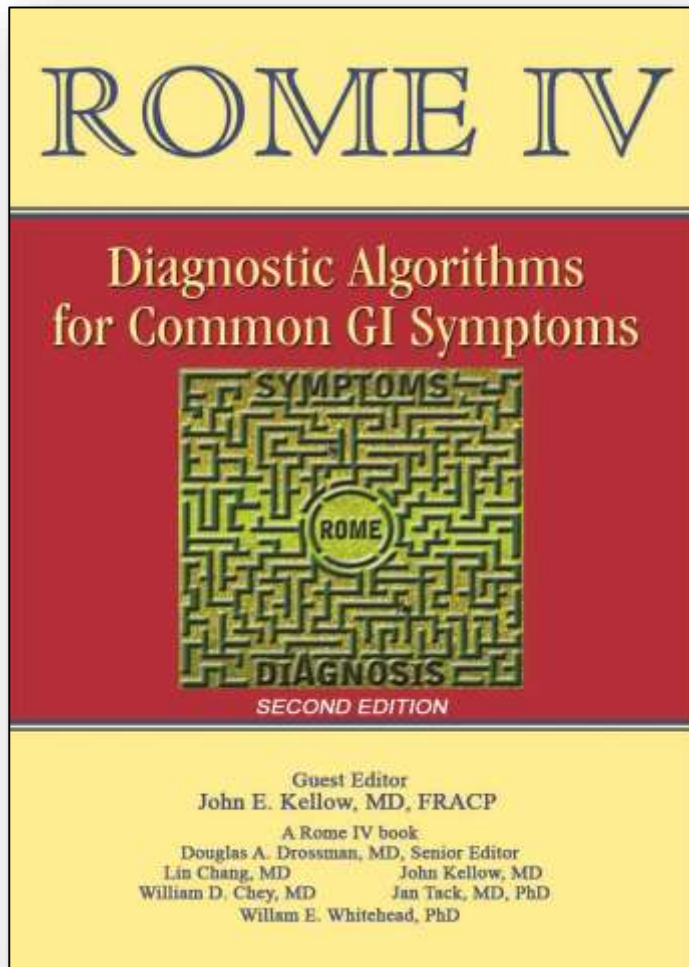


MDCP: Multidimensional Clinical Profile

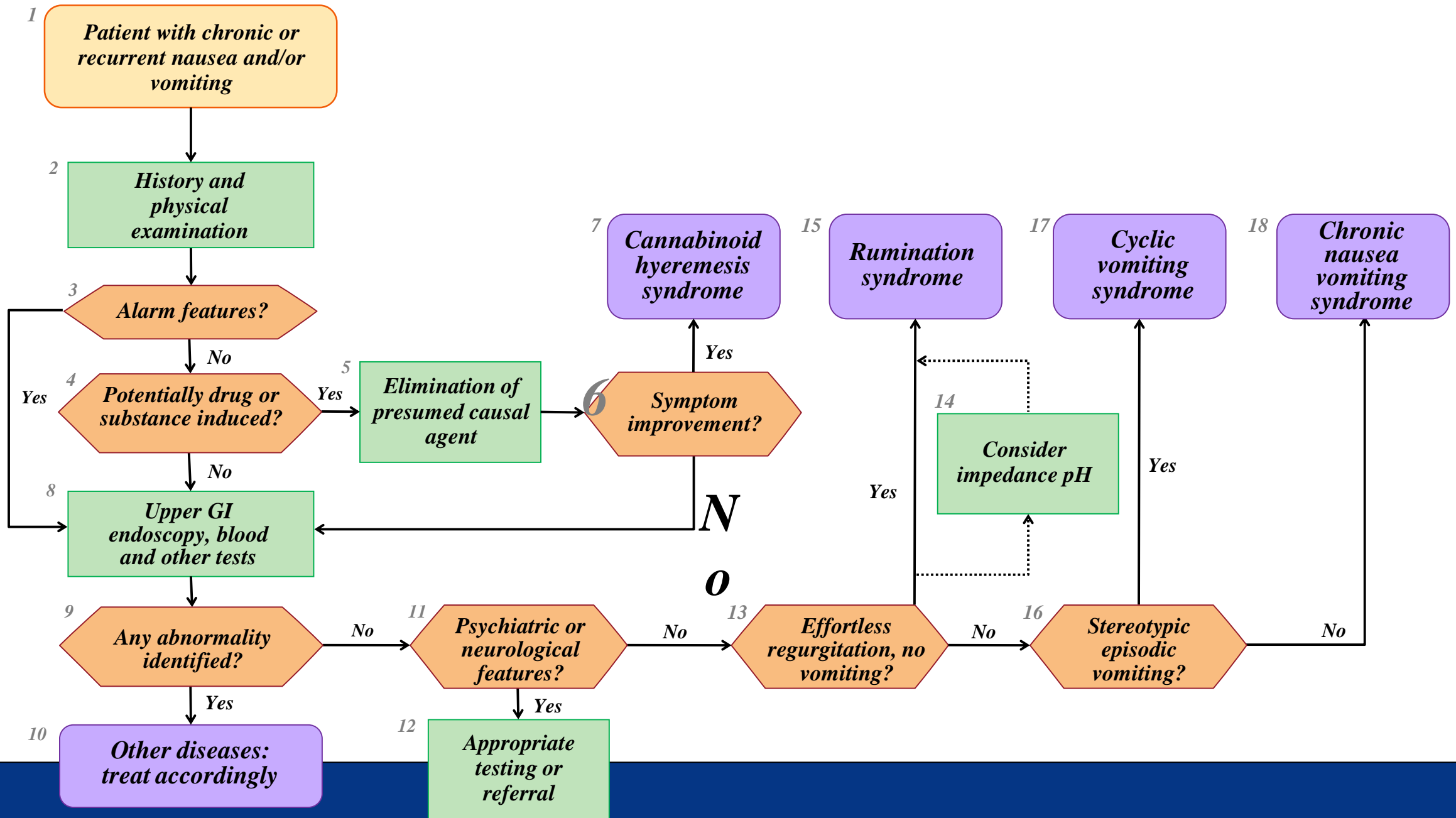
- **A multidimensional clinical profile system for patients with disorders of gut-brain interaction (DGBI)**
- **Patient cases with a spectrum of mild to severe DGBI**
- **Incorporation of multiple clinical domains (diagnostic criteria, clinical modifiers, psychosocial factors, impact on quality of life, physiological factors and biomarkers) as a means to develop a plan that optimizes patient care**

DISORDERS OF GUT-BRAIN INTERACTION

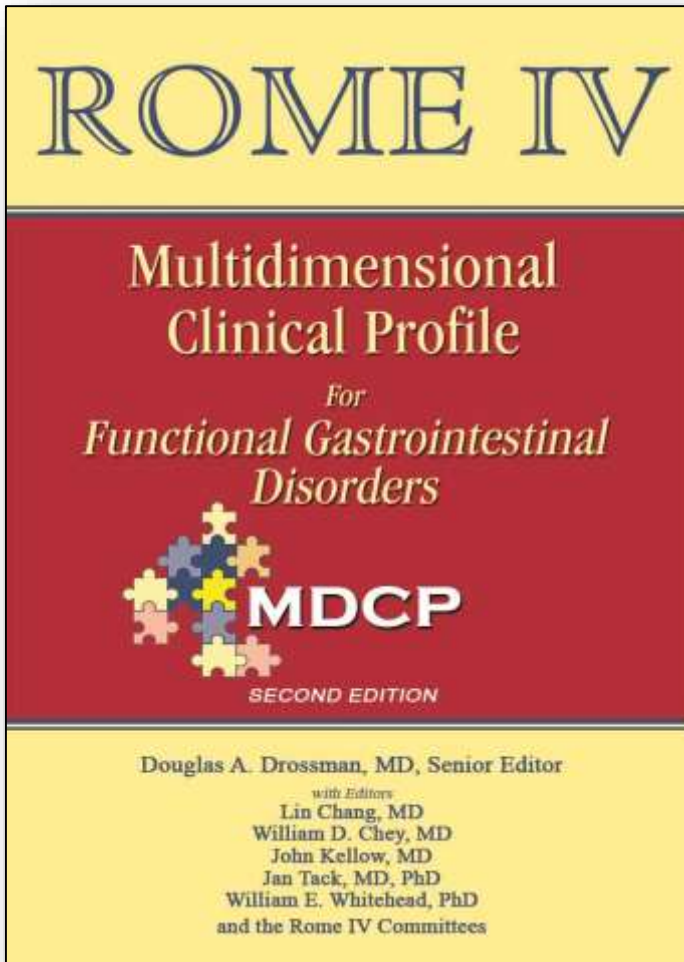
Rome diagnostic and therapeutic guidance



Chronic or Recurrent Nausea and/or Vomiting



Multi-Dimensional Clinical Profile



- A. Categorical Diagnosis – Symptom-based criteria** (may include physiologic criteria)
- B. Clinical Modifier** (e.g., IBS C, D, M, post-infection etiology, FODMAP sensitivity)
- C. Impact** (mild, moderate, severe)
- D. Psychosocial Modifier** (DSM 5 diagnosis, abuse history, or relate to Ψ red flags)
- E. Physiological Dysfunction and Biomarkers** (type and severity)

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Educational resources and activities

-Rome symposia at international meetings

- ESNM
- FNM
- ANMS
- ACG
- Panamerican GI congress
-

-Rome Grand Rounds

Grand Rounds 2025

Hosted by Tanya Murphy, M.A.Ed, Executive Director

Course #1:

February 19th, 2025

Presenter: Giovanni Barbara, MD

Panelists: Imran Aziz and Giovanni Marasco

Title: *"How to Understand, Diagnose, and Manage the ITS/Organic Disease Overlap"*

Course #2:

March 19th, 2025 (Archives)

Presenters: Doug Drossman, MD, CEO, RFF, Lin Chang, MD, RF & Greg Sayuk, MD

Title: *"Deep Dive into Central Neuromodulators"*

Course #3:

April 16th, 2025

Presenter: Jan Tack, MD, PhD, RFF, President

Course #4:

May 14th, 2025

Presenter: Laurie Keefer, PhD, RFF

Topic: IBS-Constipation

Course #5:

June 18th, 2025

Presenters: Brian Lacy, MD, PhD, RFF, FACP

Morgan Allyn Sendzischew Shane and Yuying Luo

Rome Foundation Partners Program

Title: *"Clinical Pearls for Constipation Beyond Guidelines"*

Course #6:

July 16th, 2025

Presenters: Satish Rao, MD, Panelist: TBD

Topic from: Rome Anorectal Biofeedback Section

Course #7:

August 13th, 2025

Presenter: Maura Corsetti, MD, RFF

Course #8:

September 17th, 2025

Presenter: Max J. Schmulson W., MD, RFF

Topic: Presentation in "Spanish"

Course #9:

October 15th, 2025

Presenter: Samuel Nurko, MD, MPH, RFF

Topic: *"Overlapping Pain Conditions in the Pediatric Population"*

Educational resources and activities

Rome lectureship at DDW 2025:

Presentations and speakers:

- 1. EXPLORING THE CLINICAL AND PATHOPHYSIOLOGICAL OVERLAP BETWEEN IBS AND IBD (25 min)**
Maura Corsetti, University of Nottingham
- 2. CLINICAL CHALLENGES AND MANAGEMENT STRATEGIES: ADDRESSING THE OVERLAP OF IBS AND IBD (25 min)**
Charles Bernstein, University of Manitoba
- 3. CASE-BASED DISCUSSIONS (one case presented by each moderator, Giovanni and Lin) with discussion by the speakers (10 min per case x 2 cases for a total of 20 min)**
- 4. Q&A (20 min)**

CURRICULUM TO TEACH COMMUNICATION SKILLS TO OPTIMIZE THE PATIENT-PROVIDER RELATIONSHIP

COMMUNICATION 101



32 VIDEOS FROM LEADING WORLD EXPERTS
DESIGNED FOR PROVIDERS AND PATIENTS

COMMUNICATION 101.5



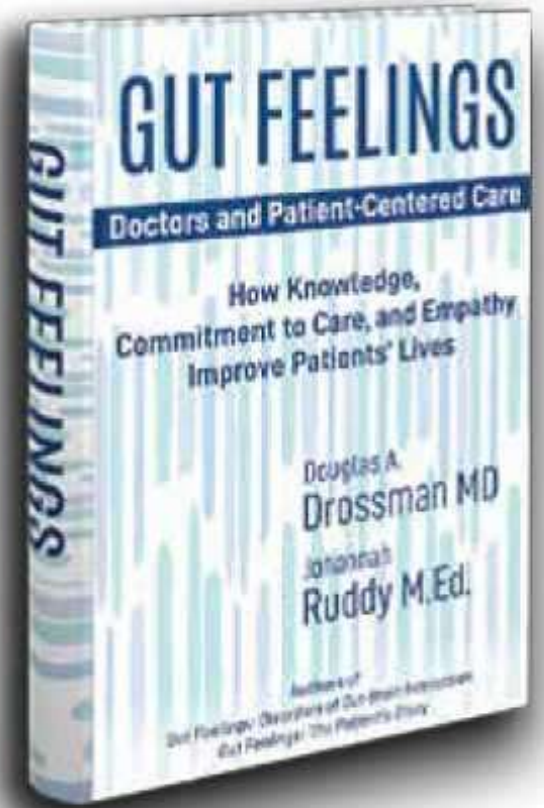
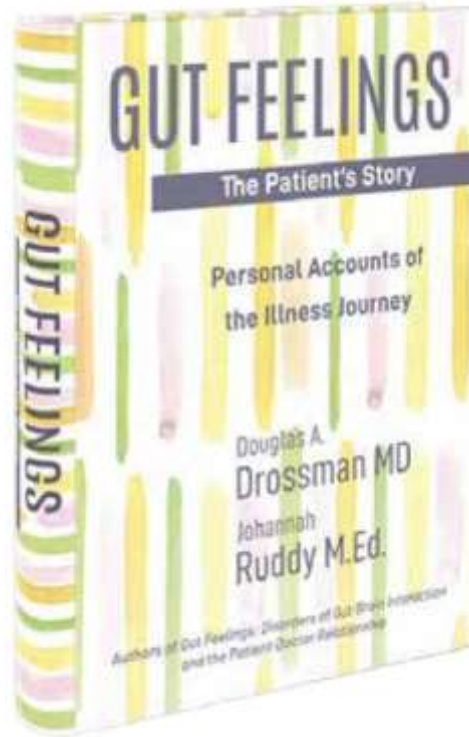
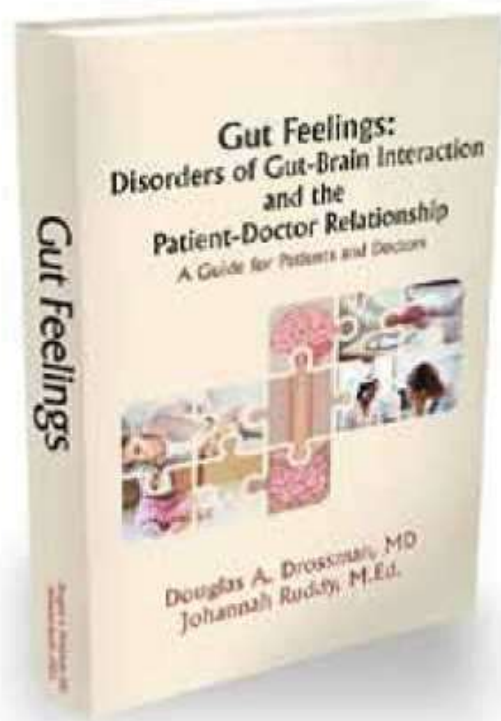
TIPS AND TECHNIQUES TO ADDRESS
CHALLENGING INTERACTIONS IN
CLINICAL PRACTICE

COMMUNICATION 202



A STEP-BY-STEP GUIDE FOR IMPROVING
PATIENT/PROVIDER COMMUNICATION

Gut Feelings – on Patient-Doctor Relationship



Promoting research in DGBIs

Rome Foundation Licensing of Research Instruments*

- Rome IV Adult and Pediatric Diagnostic Questionnaires
- IBS Quality of Life (IBS-QOL)
- IBS Severity Scale (IBS-SSS)
- Bristol Stool Form Scale, Adult and Pediatric (BSFS)
- IBS Global Improvement Scale (GIS)
- Leuven Postprandial Distress Scale (LPDS)
- Satisfaction with Care (SAT 37)
- Functional Bowel Disorder Severity Index (FBDSI)
- Trauma Questionnaire (TC)
- Physician – Patient Relationship Scale (PPR)
- Comorbid Medical Conditions Questionnaire (CMCQ)
- IBD Scales: UC/CD Health Status Scales, RFIPC
- Celiac Disease QOL (CD-QOL)
-



Mark Schmitter
Director of Licensing and
Copyrights



Mauricio Rojas, MD MPH
Senior Medical Program
Administrator

Rome Foundation Named Awards

- **Rome Foundation DGBI International Research Awards**
 - Early career awards to support developing research careers or new direction projects
Two \$40,000 awards each year and two \$10,000 awards (for geographical areas where DGBI research or funding opportunities are limited)
- **Ray Clouse Prize for Best Research Article on DGBI**
 - Board of Directors vote on the best research paper for the prior year
 - \$1000 prize
- **Ken Heaton Award for Most Cited Paper in DGBI**
 - Most cited original research paper from two years earlier
 - \$1000 prize
- **Rome Foundation – Aldo Torsoli Foundation Award**
 - Recognizes mid or senior-level investigator with a record of research, education, and patient care in DGBI
 - \$10,000 prize
- **Rome Foundation – Drossman Award for Communication and Patient-Centered Care in DGBI**
 - For excellence in communication skills through practice, teaching, and mentoring
 - \$7,500 prize

Rome Foundation Research Award Winners 2025

Celebrating Excellence in DGBI

Global Awards for Original Research in DGBI

2025 WINNERS

Caroline Tuck, PhD

Swinburne University, Australia

Targeting Pain with Diet in Irritable Bowel Syndrome: The PART with Pain Study



Carmen-Alonso Cotoner, MD

Vall d'Hebron Institut de Recerca, Spain

When Disaster Hits the Gut: Effects of the Massive 2024 Flooding of Valencia on the Prevalence and Severity of IBS and Functional Dyspepsia



Jonathan Kuang Ziyang, MBBS

Tan Tock Seng Hospital, Singapore

The Use of an Artificial Intelligence Journaling App in Patients with Irritable Bowel Syndrome – A Pilot Study



Sarantuya Gidaagaya, MD, PhD

Mongolian National University of Medical Sciences, Mongolia

Adapting and Applying the Rome IV Criteria to Evaluate Disorders of Gut-Brain Interaction Among Mongolian Adults



Rome Foundation Award Winners 2024

Celebrating Excellence in DGBI

Clouse and Heaton Awards

**2024 Ray Clouse
Best Research Publication
Marlijne de Graaf.**

de Graaf MCG, Lawton CL, Croden F, Smolinska A, Winkens B, Hesselink MAM, van Rooy G, Weegels PL, Shewry PR, Houghton LA, Witteman BJM, Keszthelyi D, Brouns FJPH, Dye L, Jonkers DMAE.

The effect of expectancy versus actual gluten intake on gastrointestinal and extra-intestinal symptoms in non-coeliac gluten sensitivity: a randomised, double-blind, placebo-controlled, international, multicentre study. Lancet Gastroenterol Hepatol. 2024 Feb;9(2):110-123.

**2024 Ken Heaton
Most Cited Publication
Weiming Gong**

Role of the Gut-Brain Axis in the Shared Genetic Etiology Between Gastrointestinal Tract Diseases and Psychiatric Disorders A Genome-Wide Pleiotropic Analysis.

Gong W, Guo P, Li Y, Liu L, Yan R, Liu S, Wang S, Xue F, Zhou X, Yuan Z.

*JAMA Psychiatry. 2023 Apr 1;80(4):360-370.
76 citations*

Rome Foundation Award Winners 2024

Celebrating Excellence in DGBI

Rome Foundation/Torsoli Foundation Award



Olafur Palsson, PhD
Chapel Hill, North Carolina, U.S.A.

Rome Foundation Fellows (RFF) 2024

The RFF program acknowledges scientists and clinicians who have achieved international recognition in DGBI and contributed to the Rome Foundation



Imran Aziz MD, PhD, RFF
Academic Fellow



Xiaohou Hou, MD, RFF
Clinical Fellow



Daniel Keszthelyi, MD, PhD, RFF
Academic Fellow



Tim Vanunytseel, MD, PhD RFF
Academic Fellow

Fellows are selected by a credential committee based on meeting rigorous criteria

Research



Rome Foundation Research Institute Administration and Biometry Staff



Douglas Drossman MD
Executive Committee



Magnus Simren MD, PhD
RFRI Director
Executive Committee



Jan Tack MD, PhD
Executive Committee



Maggie Breen-Lyles
RFRI Administrator



Ami Sperber MD, MSPH
Study Coordinator



**Shrikant I. Bangdiwala
PhD**
Director of Statistics



Olafur Palsson PsyD
RFRI Data Manager



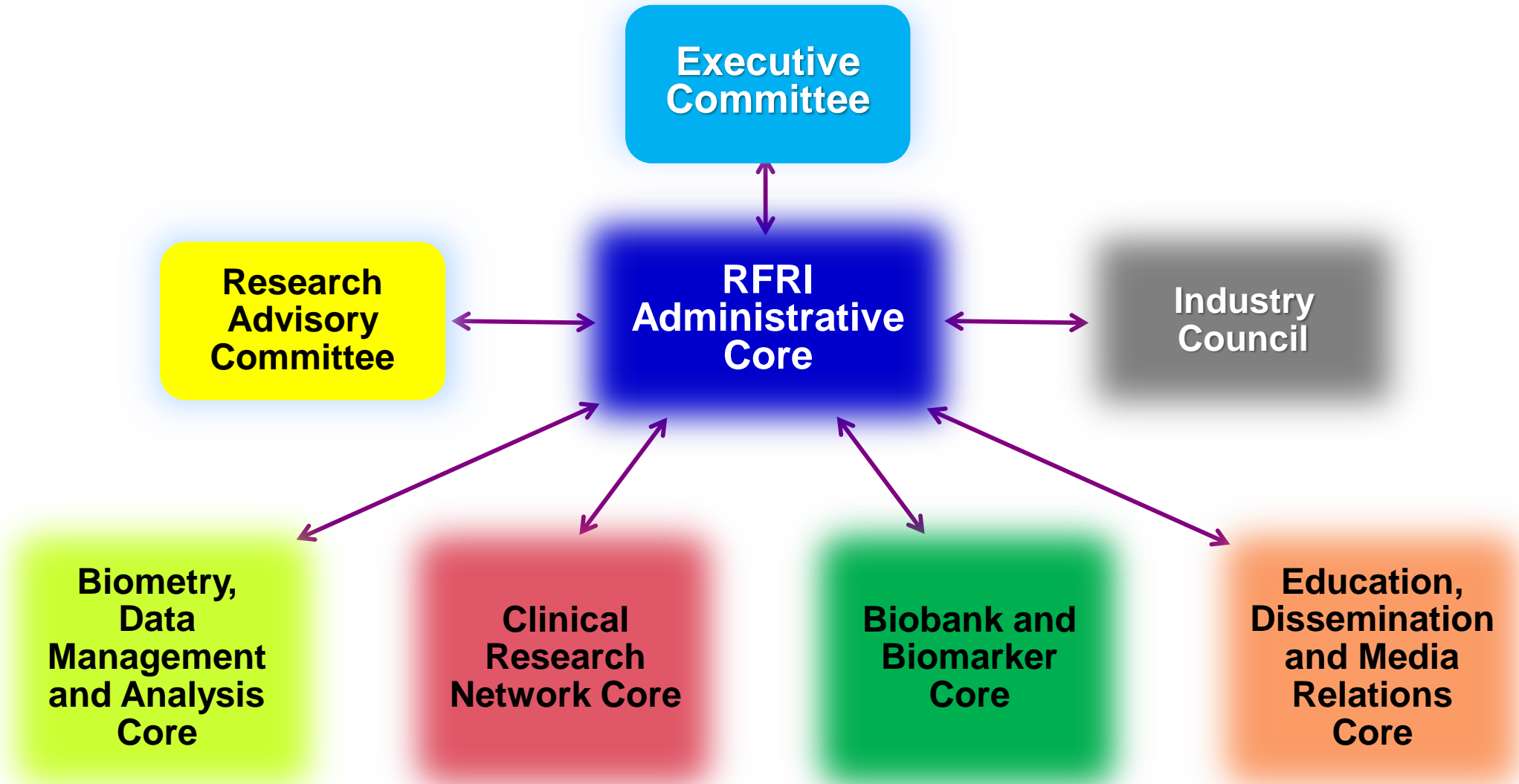
Madhu Grover MBBS
Biobank Director



Carolyn Morris MPH
RFRI Biostatistician



**Johann Pall Hreinsson
MD**
RFRI Biostatistician



RFRI Activities for 2019-2023*

Infrastructure Development

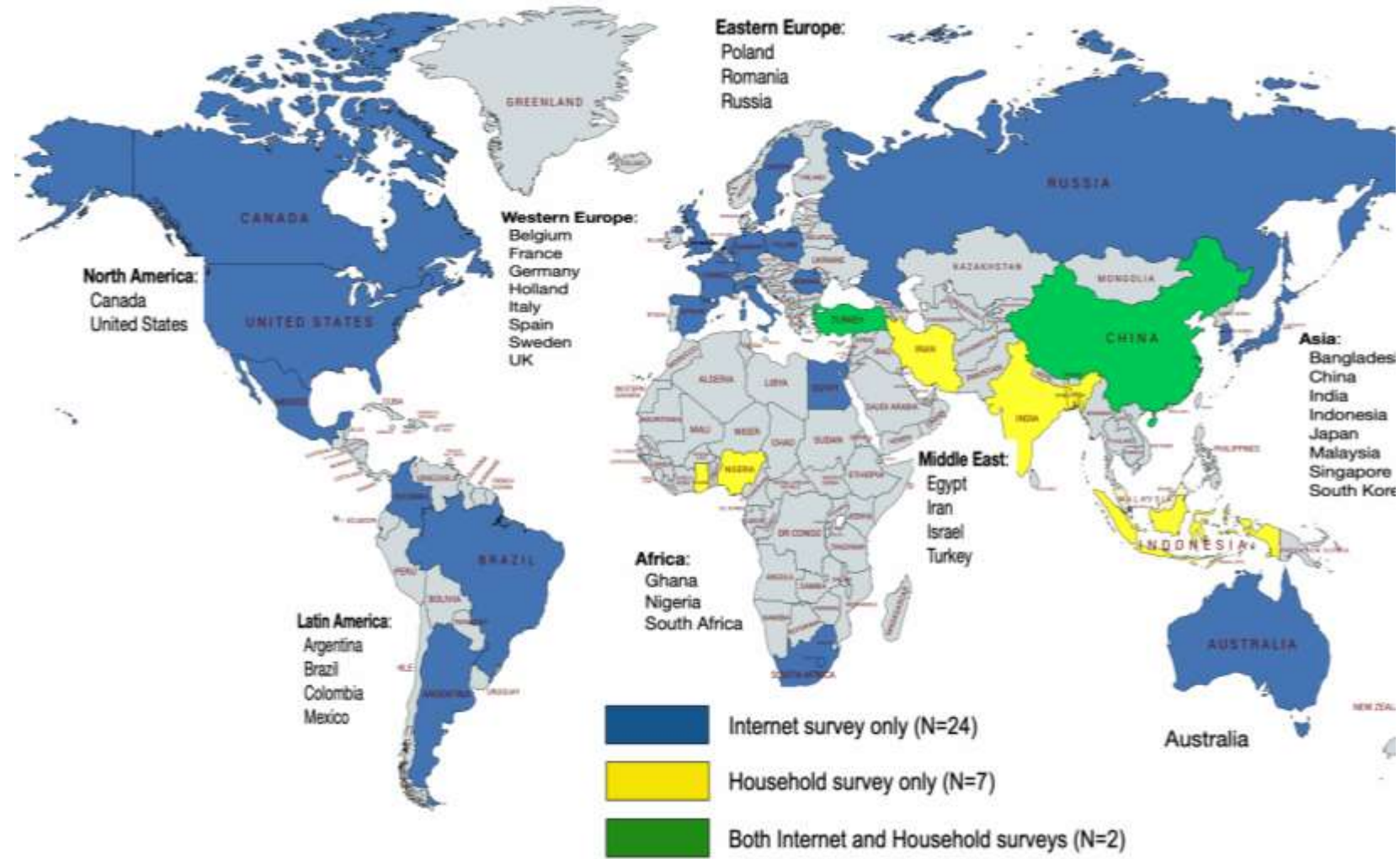
- Development of Biobank and Biomarker Core
- Creation of RFRI Investigator Platform for Clinical Phenotyping
- Creation of a Global Research Network
- Establishment of a centralized IRB

Research Activities Including Collaborative Industry Projects

- Completion of Global Epidemiology Study (33 countries)
- Completion of Domino Trial (Diet vs. medication in IBS)
- Ongoing ROBOT Project (Biomarker and Phenotyping)
- RFRI-Danone International Survey of Bloating and Distension
- Rome Foundation-DrossmanCare Communication Analyses
- Collaborative projects with Industry
- Analyses of Gastroparesis/dyspepsia, CVS, Abdominal Pain

Data collection

Rome IV Global FGD Epidemiology Study - 33 countries



Worldwide Prevalence and Burden of Functional Gastrointestinal Disorders, Results of Rome Foundation Global Study



Ami D. Sperber,¹ Shrikant I. Bangdiwala,^{2,3} Douglas A. Drossman,⁴ Uday C. Ghoshal,⁵ Magnus Simren,⁶ Jan Tack,⁷ William E. Whitehead,⁸ Dan L. Dumitrascu,⁹ Xuicai Fang,¹⁰ Shin Fukudo,¹¹ John Kellow,¹² Edith Okeke,¹³ Eamonn M. M. Quigley,¹⁴ Max Schmulson,¹⁵ Peter Whorwell,¹⁶ Timothy Archampong,¹⁷ Payman Adibi,¹⁸ Viola Andresen,¹⁹ Marc A. Benninga,²⁰ Bruno Bonaz,²¹ Serhat Bor,²² Luis Bustos Fernandez,²³ Suck Chei Choi,²⁴ Enrico S. Corazziari,²⁵ Carlos Francisconi,²⁶ Albis Hani,²⁷ Leonid Lazebnik,²⁸ Yeong Yeh Lee,²⁹ Agata Mulak,³⁰ M. Masudur Rahman,³¹ Javier Santos,³² Mashiko Setshedi,³³ Ari Fahrial Syam,³⁴ Stephen Vanner,³⁵ Reuben K. Wong,³⁶ Aurelio Lopez-Colombo,³⁷ Valeria Costa,²⁷ Ram Dickman,³⁸ Motoyori Kanazawa,¹¹ Ammar Hassanzadeh Keshteli,³⁹ Rutaba Khatun,³ Iradj Maleki,⁴⁰ Pierre Poitras,⁴¹ Nitesh Pratap,⁴² Oksana Stefanyuk,⁴³ Sandie Thomson,³³ Judith Zeevenhooven,²⁰ and Olafur S. Palsson⁸

CLINICAL AT

Data collection

Rome IV Global FGID Epidemiology Study - 33 countries

We have now published 45 papers from this global survey, 7 more of which are under review in different journals, and another 31 papers are in the data analyses or draft writing stage. In May 2023, an entire special edition of Neurogastroenterology and Motility was devoted to RFRES findings, with 15 global study papers.

We have also presented 57 abstracts at multiple scientific meetings, such as DDW and UEGW, including oral presentations, posters of distinction, and posters. Seven abstracts will be presented at DDW 2024, including one oral presentation, one poster of distinction, and 5 other posters.

Analysis of data from the Rome Foundation Global Epidemiology Study is an ongoing process that should continue to provide essential findings for papers and support other future research. It already serves as a significant reference for the field of Gastroenterology in general and Neuro-Gastroenterology in particular.

Data were used in 8 PhD thesis in Sweden and Belgium.

Worldwide Network of active DGBI Investigators

World Distribution of RFRI Investigators

81 Investigators in 33 Countries

North America – 18

- Canada – 5
- Mexico – 1
- United States – 13

South America – 5

- Argentina – 1
- Brazil – 1
- Colombia – 2
- Uruguay – 1

Europe – 42

- Austria – 1
- Belgium – 3
- Croatia – 1
- Denmark – 2
- France – 3
- Germany – 3
- Italy – 4
- Norway – 4
- Poland – 3
- Romania – 1
- Russia
- Spain – 3
- Sweden – 3
- Switzerland – 2
- The Netherlands – 2
- United Kingdom – 6

Asia/Middle East – 13

- Bangladesh – 1
- China – 1
- India – 2
- Indonesia – 1
- Iran – 1
- Israel – 4
- Japan – 2
- Malaysia – 1
- Turkey – 1

Australia – 1



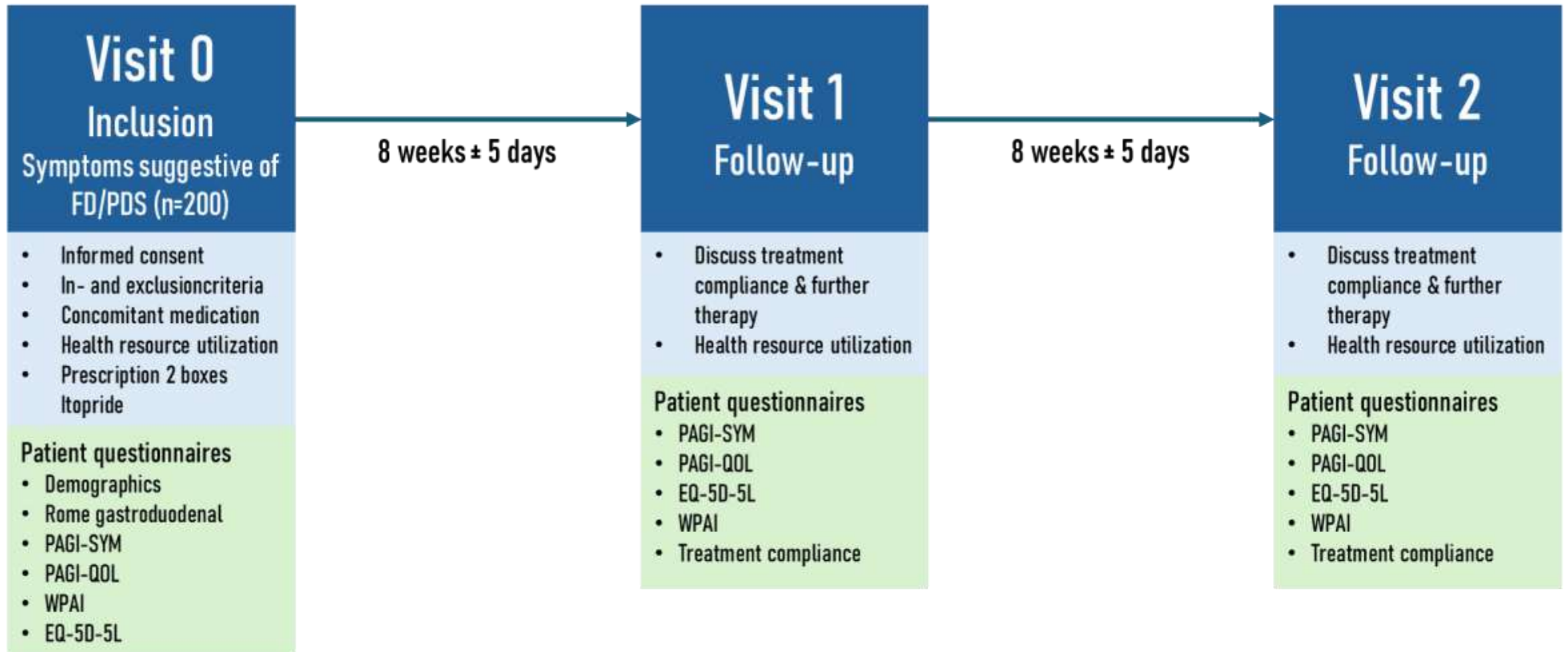
Biobanking
Project:

ROme foundation
BiOmarker and
phenotyping project

(ROBOT)

Passport trial

N=200 patients with Postprandial Distress Syndrome (PDS)



(INterNatiOnal seVere neurogAsTroenterology disORdeRs) prospective follow-up database

*Identification period:
Patients with CIPO,
gastroparesis etc.*

Jan. 1, 2024

Sep. 30, 2025

Retrospective information (chart abstraction \geq 6 months)

- *Demographic characteristics*
- *Diagnosis journey*
- *Clinical characteristics (e.g. symptoms experienced and treatment journey including procedures/surgeries)*

Biobanking samples

Prospective

- *Chart abstraction (6 month follow-up)*
 - *Ongoing symptoms*
 - *episodes of pseudo-obstruction or other complications*
 - *Investigations, tests*
 - *Hospitalizations, ER visits*
 - *Treatment*



Rome Foundation Sections

Semi-autonomous Groups Focusing on Core Research and Educational Programs

Rome GastroPsych Section



Chaired by:

Laurie Keefer, PhD, RFF

Sarah Kinsinger, PhD, ABPP, RFF

- **Promotes evidence-based Brain-Gut Behavioral Treatment for GI disorders internationally**
- **Expert consultation and lectureships to encourage interdisciplinary psychosocial programs in gastroenterology practices**
- **Encourages collaboration with national and international GI organizations to enhance the visibility of GI Psychology programs and providers**
- **Works to expand into previously under-studied areas of Psychogastroenterology (e.g., inflammatory bowel diseases, chronic pancreatitis).**

Since 2017 – 40+ hours of APA-approved CE training for health psychologists working in Gastroenterology

The American Psychological Association (APA) approved Rome Gastro Psych to remain an approved education provider for five years.

532 Members to Date

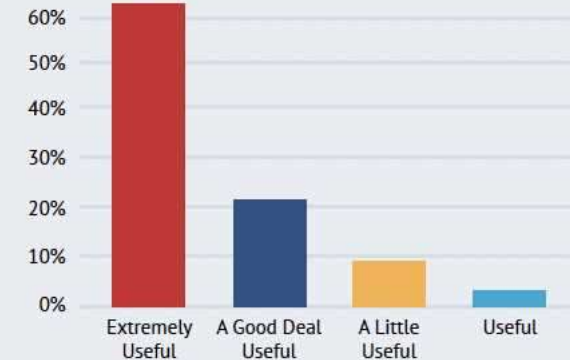


Members ranged between 0 and 45 years in practice (Mean 5.7y, SD = 9.3)

95% of members already completed a professional degree

59% accept clinical referrals

How useful was the content of this CE program for your practice or other professional development?



Did this program enhance your professional expertise?

100% answered **Yes.**

Would you recommend this program to others?

97% answered **Yes.**

Rome Pediatric Gastroenterology Section



Chaired by:
Samuel Nurko, MD, MPH, RFF
Miguel Saps, MD, RFF

- Provides the framework education and awareness on the prevalence of Disorders of Gut Brain Interaction in children and adolescents.
- Expand the reach to general practitioners, pediatricians, nurse practitioners, physician assistants and as well as pediatric GI specialists to recognize DGBI and provide better therapies to patients and their families.
- Provide high quality CME educational opportunities in pediatric DGBI.

Rome Food & Diet Section



Chaired by:

William D. Chey, MD, RFF

Magnus Simren, MD, PhD, RFF

Heidi Staudacher RDN, PhD

(Contact for further information)

- **A professional home for HCPs with an interest in pathogenesis and management of food in DGBI to interact and collaborate**
- **Will provide the latest evidence-based information to cover the rapidly evolving knowledge of these topics**
- **3 committees (Chair, co-chair)**
 - **Membership (Jaffe, Euler)**
 - **Education and Training (Tuck, Storsrud)**
 - **Research (Whelan, Staudacher)**
- **Reception and first meeting**
 - **7:00 – 8:00 AM Tuesday May 21 – Pan American Room, Capital Hilton**

Rome Anorectal Biofeedback Section (ABS)



Chair: Satish Rao, MD

Co-Chair: Leila Neshatian, MD

Rome Board Liaison: Doug Drossman, MD

- **To increase the knowledge and understanding of the causes, identification, treatment, and care of patients with pelvic floor anorectal disorders**
- **Developing the foundational structure for clinical and research collaboration, and education/training for physicians, physical therapists, APPs, and nurses who provide biofeedback therapy for anorectal disorders and sensory biofeedback training for rectal hypersensitivity and hyposensitivity**
- **Plan to survey current practices, develop consensus guidelines, standardize techniques, produce educational workshops, and create a provider directory**



Chaired by:
Douglas A. Drossman, MD, RFF

- Lectures/workshops on communication skills worldwide
- Progressive self-learning through educational videos (101, 101.5, 202)
- Train the Trainer sessions for providers to improve communication skills through peer learning, facilitated role play and Balint groups
- Research and peer reviewed publications on communication and patient-provider relationship
- *Gut Feelings* book series for patients and providers
- Visiting Scholar Preceptorship Program
- Communication Curriculum



ROME V

Disorders of Gut-Brain Interaction

FIFTH EDITION

Co-Senior Editors
Douglas A. Drossman MD, and Jan Tack MD, PhD
with Editors

Lin Chang, MD
William D. Chey, MD
Sam Nurko, MD, MPH
Max J. Schmulson W., MD
Ami Sperber, MD, MSPH
and the Rome V committees

Challenges for Rome V

- **Updates on Key Knowledge** (microbiome, food/diet, CNS mechanisms and treatments, sex differences)
- **Address Diagnostic Overlap** (FD and gastroparesis, bloating/distension with other diagnoses, GI and Non-GI)
- **Harmonize Cross-Cultural Differences in Diagnosis** (e.g., IBS pain/discomfort, bloating)
- **Role of Biomarkers in Diagnosis and Treatment**
- **Development of Clinical Criteria**
- **Incorporate Brain-Gut Treatment and Integrated Care**
- **Establish epidemiology of new criteria as soon as possible**

Editorial Board – Rome V

Co – Senior Editors

Douglas A. Drossman MD Jan Tack MD, PhD

Editors

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Rome V

144 Experts Representing 27 Countries



	Rome I 1994	Rome II 1999-2000	Rome III 2006	Rome IV 2016	Rome V 2026
Rationale	Diagnostic criteria and content (Delphi)	Criteria revisions and content update (Delphi)	Criteria revision More evidence-based	Criteria revision Cross-cultural data Evidence-based	Criteria revision Cross-cultural data Evidence-based
Participation	30 authors 11 countries	52 authors 13 countries	87 authors 18 countries	126 authors 26 countries	144 authors 27 countries
New features	Symptom criteria and classification for 21 FGIDs	FDA recognition for clinical trials Added pediatrics	Book translations	6 books Online Intelligent software Global reach	DGBI Online emphasis Support committees Intelligent software
Advisory Council		8 pharma IFFGD	12 pharma IFFGD FDA, EMA, Japan	20 pharma IFFGD FDA, EMA, Japan AGA	11 pharma IFFGD ACG, AGA
Journal Supplement		GUT	Gastroenterology	Gastroenterology	Gastroenterology
Other Features	US Householder Design of treatment trials		Increased global interest Research questionnaires	Global epi study Algorithms MDCP Primary care	Global epi database Algorithms MDCP Primary care

Rome V Chapters (Non-criteria) - Vol 1

1. Disorders of Gut-Brain Interaction and the Rome V Process – [D. Drossman, J. Tack](#)
2. Fundamentals of Neurogastroenterology – Basic Science – [B. Greenwood van Meerveld, G. Mawe](#)
3. Fundamentals of Neurogastroenterology – Physiological Aspects and Clinical Implications – [L. Houghton, R. De Giorgio](#)
4. Intestinal Microenvironment and Disorders of Gut-Brain Interaction – [E. Quigley, M. Grover](#)
5. Pharmacological, Pharmacokinetic and Pharmacogenomic Aspects of Disorders of Gut-Brain Interaction – [M. Camilleri, G. Sarnelli](#)
6. Patient Experience, Age, Race, Gender, and Social Determinants of Health – [A. Halpert, M. Heitkemper](#)
7. Social and Cultural Factors of Disorders of Gut-Brain Interaction – [G. Holtmann, R. Wong](#)
8. Psychosocial Aspects of Disorders of Gut-Brain Interaction – [R. Levy, S. Eisenbruch](#)

Rome V Chapters (Criteria) – Vol 2

- 9. Esophageal Disorders – J. Pandolfino, S. Roman**
- 10. Gastroduodenal Disorders – V. Stanghellini, H. Tornblom**
- 11. Bowel Disorders – T. Lembo, M. Corsetti**
- 12. Centrally Mediated Disorders of GI Pain – Q. Aziz, S. Fukudo**
- 13. Gallbladder and Sphincter of Oddi Disorders – J. Elmunzer, E. Corazziari**
- 14. Anorectal Disorders – S. Rao, E. Carrington**
- 15. Pediatric Upper DGBI – M. Benninga, R. Rosen**
- 16. Pediatric Lower DGBI – C. Di Lorenzo, M. Saps**
- 17. Design of Treatment Trials for DGBI – G. Sayuk, A. Ford**
- 18. Development and Validation of the Rome V Diagnostic Questionnaire – B. Lacy, O. Palsson**
- 19. History of DGBI and the Rome Foundation – D. Drossman**

Data collection

Rome V Global Epidemiology Studies

A study evaluating the Rome V criteria, involving at least 2000 adults in each of 18 countries with global distribution was finalized in April 2025.

Scheduled to be published by the end of 2026.

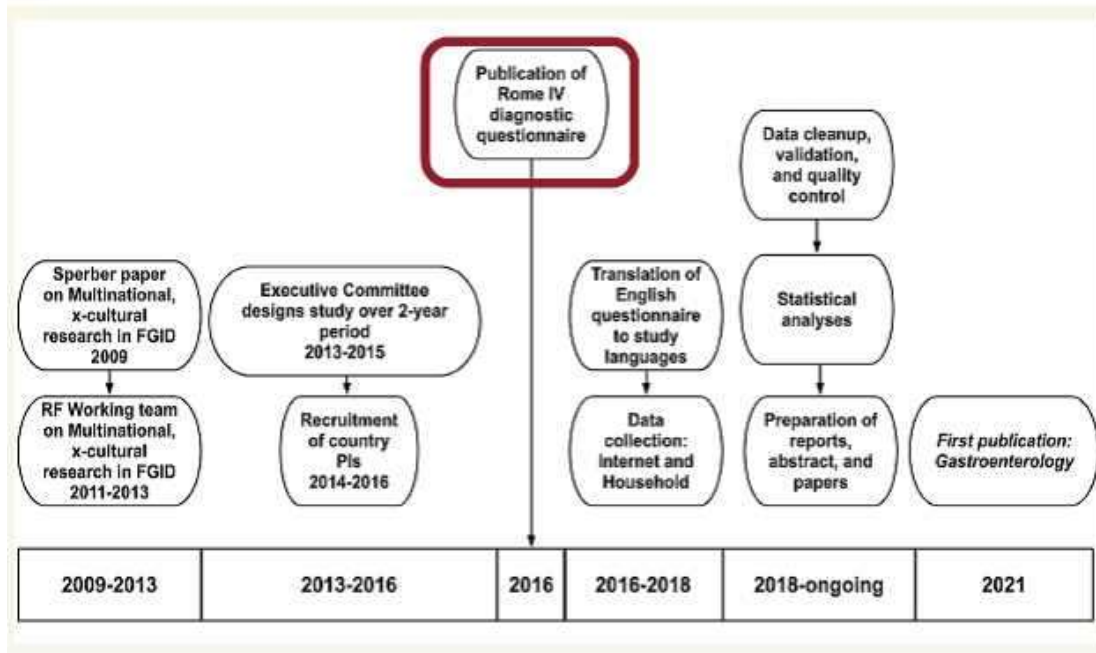
A study evaluating the pediatric Rome V criteria in children from 4 countries was finalized in April 2025.

Also scheduled to be published in 2026.

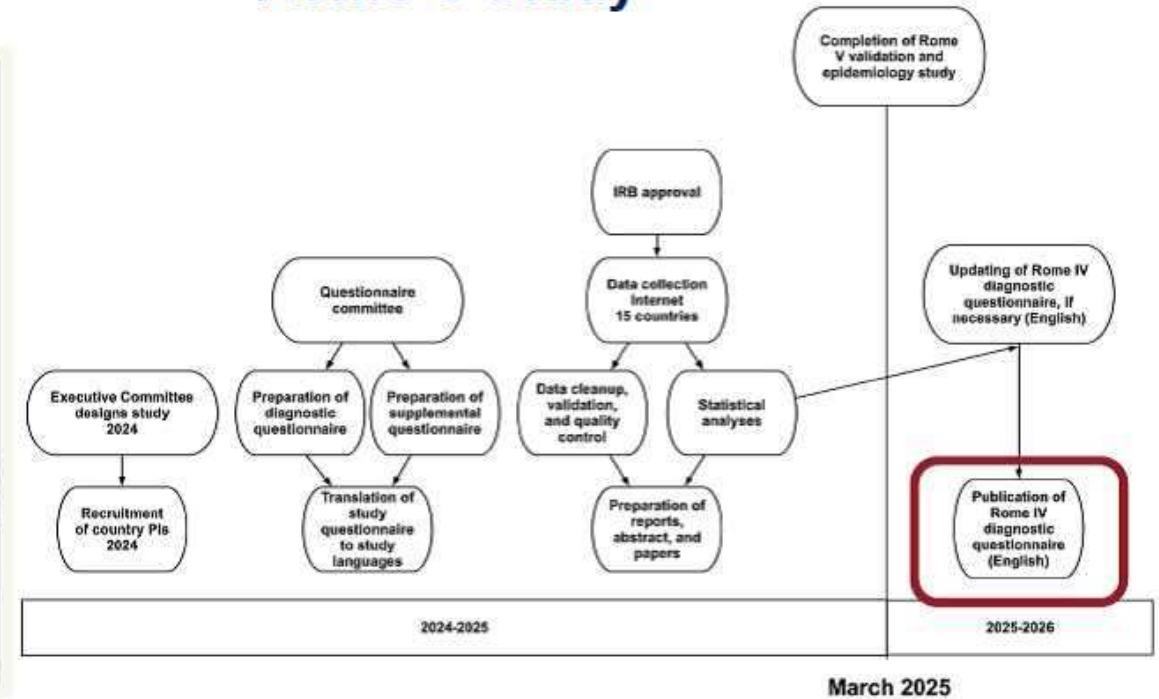
Timelines

Rome IV and V Global Epidemiology Studies

Rome IV study



Rome V study



Rome V Members



History of Rome Criteria

